



DIVISION OF CATECHETICAL AND PASTORAL FORMATION

How to Continue Confirmation Preparation for Youth

A note to parish ministers: As parents shift into new roles at home, we can shift into the role of “coach.” Encourage parents, with confidence that they can share the Faith with their children. This process can be overwhelming for them and uneasy for you. Yet, they want God to be part of their children’s life. This is an opportunity to reassure them that with God’s help, as well as yours, they can help their youth grow closer to Christ. Look for easy to use resources. We have included some excellent examples below that are enjoyable and engaging. If parents are keeping up with regular schoolwork, they do not have time to search the internet for resources. When you find helpful sites, make suggestions about how to use the materials.

Concerning the preparation for the Sacrament of Confirmation, be mindful that:

- Any requirements placed on sacramental formation at different parishes must be adapted during this time.
- This an opportunity to revise our processes, recall their true spirit and meaning, and focus on conversion of hearts and growth in the relationship with Christ.
- Therefore, if this year you were not able to present specific chapters or sessions to those preparing for sacraments, *this is a great opportunity for post-sacramental catechesis.*

Most importantly, encourage family prayer. For those new to family prayer, these are some good ideas:

Family prayer time can nurture the faith of teenagers. These prayers published by *Loyola Press* can help parents get started on making family prayer an integral part their family life:

<https://www.loyolapress.com/our-catholic-faith/prayer/family-prayers>

From *Loyola Press*, these are inspiring stories from the lives of the saints, for each day of the month:

<https://www.loyolapress.com/our-catholic-faith/saints/saints-stories-for-all-ages/calendar>

These are various articles published by Loyola Press to help to bring the Good News to teens. They could offer conversation-starting points for parents:

<https://www.loyolapress.com/our-catholic-faith/family/catholic-teens>

Our own resource, [At Home with your Faith](#), also has ideas each day for how parents can engage their teens in the faith.



RESOURCES FOR CONFIRMATION PREPARATION OF ADOLESCENT CANDIDATES

LIFE TEEN

Life Teen blog on eight important things to know about Confirmation:

<https://lifeteen.com/blog/8-things-you-need-to-know-about-confirmation/>

ASCENSION PRESS – *CHOSEN*

Ascension Press – *Chosen* – “What Happens at Confirmation?” - 6 min video

https://www.youtube.com/watch?time_continue=1&v=OrCUkEmCfi8&feature=emb_logo

Ascension Press – *Chosen* – “The Power of the Holy Spirit” - 5 min video

<https://www.youtube.com/watch?v=LUMofcxXuGQ>

Ascension Press – *Chosen* – “The Gifts the Holy Spirit – Part I” - 5 min video

<https://www.youtube.com/watch?v=-8cenaBXN6Y&t=15s>

Ascension Press – *Chosen* – “The Gifts the Holy Spirit – Part II” - 5 min video

<https://www.youtube.com/watch?v=IT1gflq3SQE>

Ascension Press – *Chosen* – “The Fruits the Holy Spirit – Part I” - 5 min video

<https://www.youtube.com/watch?v=HQCleD6GuL8>

Ascension Press – *Chosen* – “The Fruits the Holy Spirit – Part I” - 5 min video

<https://www.youtube.com/watch?v=OtfAKVcc4T4>

Ascension Press – *Chosen* – “The Holy Spirit in Your Life” - 3 min video

<https://www.youtube.com/watch?v=gxbwVxz3QYg>

CONFIRMATION OF ADOLESCENT CANDIDATES

DECISION POINT: Dynamic Catholic videos as well as discussion guides

<https://dynamiccatholic.com/confirmation/program-view/>

Session 1	Life is Choices	VIEW SESSION
Session 2	What's Holding You Back?	VIEW SESSION
Session 3	The Jesus Question	VIEW SESSION
Session 4	The Prayer Process	VIEW SESSION
Session 5	The Bible	VIEW SESSION
Session 6	Relationships	VIEW SESSION
Session 7	The Eucharist	VIEW SESSION
Session 8	The Holy Spirit	VIEW SESSION
Session 9	The Church	VIEW SESSION
Session 10	Confirmation	VIEW SESSION
Session 11	Made for Mission	VIEW SESSION
Session 12	Holiness is Possible	VIEW SESSION